

## FOR IMMEDIATE RELEASE

**Contact:** Lilyvania Mikulski  
YMCA of Greater Miami  
305-448-3425  
[Lilyvania.mikulski@rbbpr.com/](mailto:Lilyvania.mikulski@rbbpr.com/)



### **Spend Summer at the South Dade Family YMCA Camp:**

#### **Where Fun and Friendships Happen**

*Register Now for Day Camp and Resident Camp*

**MIAMI, FL – June 15, 2010** – Sunshine, blue skies, warm temperatures and no school can only mean one thing – it's time for summer camp! The YMCA of Greater Miami's South Dade Family Branch offers a safe and caring environment where kids and teens can learn new skills, get outdoors, make friends and make memories. Active and educational summer camps are available this summer at the South Dade Family YMCA branch located at 9355 SW 134 Street Miami, FL 33176. Activities include: Basketball and Tennis Camp Combo, Basketball Camp, Explorers Camp, Leaders in Training Camp, Pee Wee Camp and Tennis Camp.

“Spending the summer at a YMCA camp is not only a valuable and safe experience for youth, it's also important to their personal development,” says Andrew Weighill, Executive Director of the South Dade Family Branch. “Camp helps youth develop social skills and decision-making skills, and learn from new experiences.”

According to the camping experts at the YMCA, summer camps can have a meaningful impact on youth in several ways:

- Youth experience “unstructured” playtime that they normally don't have at home or school, thus learning how to become independent, make smart choices, solve problems and work with others.
- The experience of trying and learning new things, including adventurous outdoor activities, gives youth confidence and helps them develop healthy life-long habits.
- As fewer youth are spending time outdoors, camp helps them develop an awareness and appreciation for nature.
- At camp youth are cared for and given guidance, and feel a part of a community, allowing them to feel comfortable being themselves.
- Youth learn from other campers and counselors, and make new friends to share it all with.

The YMCA of Greater Miami's programs are affordable experiences, with financial assistance available for qualifying families to send any child to camp this summer. This year, the Y celebrates the 125<sup>th</sup> Anniversary of Camping. The YMCA of Greater Miami will join the more than 2,000 day camps and more than 300 resident camps across the country in celebrating this milestone.

Currently, the South Dade Family YMCA branch offers residents of the South Dade area an extensive cardio and weight center; an exercise studio for group fitness classes like yoga and pilates; outdoor basketball and clay tennis courts; a supervised child watch center; teen and youth programs and numerous special family events.

For more information about the YMCA of Greater Miami's Summer Camp programs, visit [www.ymcamiami.org](http://www.ymcamiami.org) or contact the South Dade Family Branch at 305-254-0310.

**About YMCA of Greater Miami**

Founded in 1916, the YMCA of Greater of Miami is one of South Florida's oldest and largest not-for-profit organizations. With branches throughout Miami-Dade and upper Monroe County, the Y is committed to building strong kids, strong families and strong communities. Its scope of services includes youth sports, aquatics, after-school, preschool and child care, summer camp, teen clubs, health and fitness programs, and membership. For more information about the YMCA of Greater Miami, call toll free 1-877-WOW-YMCA or visit [www.ymcamiami.org](http://www.ymcamiami.org).

###